

## *A Special Place of Silence*

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing direction.



## *Retreat Team*

Ms Michelle Vass, Director  
Sr Pauline Compton fdnsc  
Fr Michael Fallon msc  
Fr Dominic Gleeson msc  
Fr Terry Naughton msc Part-time

## *2018 Tariffs:*

Cost per day:	\$107.00
Prayer weekend:	\$214.00
6 day retreat:	\$642.00
8 day retreat:	\$856.00
9 day retreat:	\$963.00
30 day retreat:	\$3424.00
40 day retreat:	\$4280.00
Brown corridor rooms:	\$90.00 per day

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$30 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated. Please see the website for details.

Missionaries of the Sacred Heart  
St Mary's Towers Retreat Centre

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St Mary's Towers  
Retreat Centre  
Douglas Park Australia

2018 Program



To be on Earth  
the Heart of God

**30 Day Retreat**  
28 Dec 2017 to 30 Jan 2018

January	30 - 7	Contemplating the Mystery <i>Retreat Team</i>
	9 - 18	Life's Healing Journey <i>Retreat Team</i>
	20 - 28	Directed Retreat <i>Retreat Team</i>

**FEBRUARY - CLOSED**

March	2 - 8	The Gift of Ageing* <i>Kerin Caldwell sgs</i>
	9 - 15	Blessed be the pure in heart* <i>Michelle Vass</i>

**40 Day Easter Retreat**  
23 March to 3 May

March	25 - 1	Easter Guided Retreat <i>Retreat Team</i>
April	3 - 11	Mark's Gospel <i>Michael Fallon msc</i>
	13 - 21	Walking with Jesus – Resurrection Life* <i>Michelle Vass</i>
May	23 - 1	Directed Retreat <i>Retreat Team</i>
	11 - 17	The Book of Jeremiah* <i>Michael Fallon msc</i>
	18 - 26	Praying with Julian of Norwich* <i>Pauline Compton fdnsc &amp; Michelle Vass</i>

**2018 PROGRAM**

\* Indicates Prayer Weekend available

30 day retreats offer the choice of:

- Life's Journey Experience
- The Spiritual Exercises of St Ignatius
- Praying with the Mystics

June	1 - 7	I hold you, I see you* <i>Dominic Gleeson msc</i>
	8 - 16	Praying the Psalms (Pt1, Ps1-50) <i>Michael Fallon msc</i>
	22 - 28	Living Silence - Everyday Contemplation <i>Michelle Vass</i>
July	29 - 1	Men's Retreat
	3 - 11	Genesis: The story of creation, our beginnings and the patriarchs <i>Michael Fallon msc</i>

**30 Day Retreat**  
3 August to 4 September

August	4 - 12	Entering the Mystery of Contemplation with Teresa and John * <i>Michelle Vass &amp; Michael Fallon msc</i>
	14 - 23	Life's Healing Journey <i>Retreat Team</i>
	25 - 2	Directed Retreat <i>Retreat Team</i>

September	17 - 20	Living into Death, Dying into Life. <i>Therese Compton, Michael Fallon msc &amp; Michelle Vass</i>
	21 - 27	Ecospirituality* <i>Steve Dives msc</i>
October	5 - 11	Eckhart & the Beguine Mystics* <i>Michelle Vass</i>
	12 - 18	The Art of Film* <i>Dominic Gleeson msc</i>
November	26 - 1	The New Testament and the Quran * <i>Michael Fallon msc</i>
	2 - 8	Sharing in Jesus' Prayer * <i>Michelle Vass</i>
	16 - 22	Praying our Life - Mind, Heart and Body* <i>Michelle Vass &amp; Lou Nulley</i>
	23 - 25	Women's Retreat - Praying with Julian of Norwich <i>Pauline Compton fdnsc &amp; Michelle Vass</i>
December	30 - 6	Advent Retreat – Blessed be our longing... * <i>Retreat Team</i>
	7 - 15	Directed Retreat <i>Retreat Team</i>

**30 Day Retreat**  
29 Dec 2018 to 31 Jan 2019

January	31-8	"Come to me and find rest for your soul" <i>Retreat Team</i>
	10-19	Life's Healing Journey <i>Retreat Team</i>
	21-29	Directed Retreat <i>Retreat Team</i>