

## *A Special Place of Silence*

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing direction.



## *Retreat Team*

Ms Michelle Vass, Director  
Sr Pauline Compton fdnsc  
Fr Michael Fallon msc  
Fr Dominic Gleeson msc

## *2019 Tariffs*

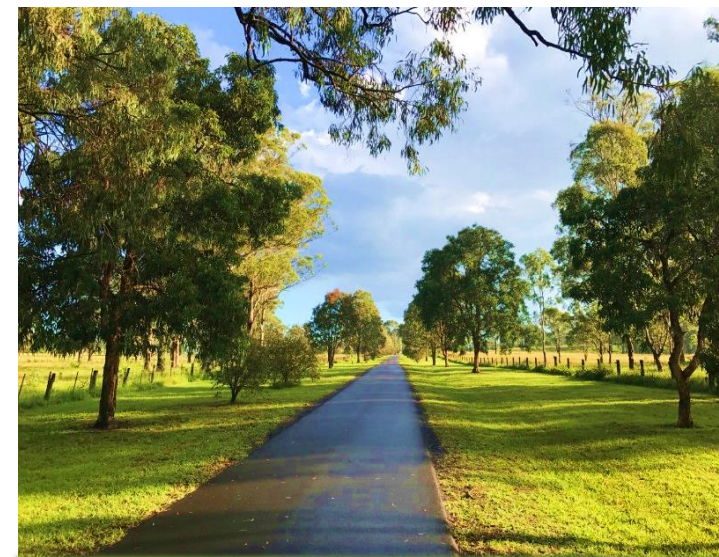
Cost per day:	\$115.00
Prayer weekend:	\$230.00
6 day retreat:	\$690.00
8 day retreat:	\$920.00
9 day retreat:	\$1035.00
30 day retreat:	\$3787.00
40 day retreat:	\$4600.00
Brown corridor rooms:	\$95.00 per day

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$50 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated.

*Please see the website for details.*

Missionaries of the Sacred Heart  
St Mary's Towers Retreat Centre  
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Email: [contact@towersretreat.org.au](mailto:contact@towersretreat.org.au)  
Website: <http://towersretreat.org.au>

***TO BE ON EARTH THE  
HEART OF GOD***



St Mary's Towers  
Retreat Centre  
Program

Douglas Park Australia

2019



## 2019 PROGRAM

\* Indicates Prayer Weekend available

30 day retreats offer the choice of:

- Life's Journey Experience
- The Spiritual Exercises of St Ignatius
- Praying with the Mystics

### 30 Day Retreat 29 Dec 2018 to 31 Jan 2019

January	31 - 8	Come to Me <i>Retreat Team</i>
	10- 19	Life's Healing Journey <i>Retreat Team</i>
	21 - 29	Directed Retreat <i>Retreat Team</i>
FEBRUARY – CLOSED		

March	8 - 16	Directed Retreat * <i>Retreat Team</i>
	9	A Taste of Silence: A guided day retreat <i>Michelle Vass</i>
	22 - 28	Letter to the Hebrews* <i>Michael Fallon msc</i>
April	29 - 4	Trinity – Heart of our Desiring* <i>Colleen Rhodes rsm</i>
	12 - 14	Palm Sunday Prayer Weekend <i>Retreat Team</i>
	14 - 21	Easter Guided Retreat
	18 - 21	Easter Triduum
	24 – 28	Living Silence – Everyday Contemplation <i>Michelle Vass</i>

### 30 Day Retreat 30 May 2019 – 2 July 2019

May	3 - 11	Luke's Gospel * <i>Michael Fallon msc</i>
	13 - 21	Acts of the Apostles <i>Michael Fallon msc</i>

June	1 - 9	Loving God with the Mystics <i>Michelle Vass</i>
	11 - 20	Life's Healing Journey <i>Retreat Team</i>
	22 - 30	Directed Retreat <i>Retreat Team</i>

July	12 - 15	The Art of Film: Taking it to Heart Prayer Weekend <i>Dominic Gleeson msc</i>
	19 - 21	The Contemplative Professional Prayer Weekend - <i>Lou Nulley</i>
August	2 - 10	Praying the Psalms with Jesus - 51-100 * <i>Michael Fallon msc</i>
	11	A Taste of Silence: A guided day retreat - <i>Michelle Vass</i>
	16 - 22	Living the Song - Prayer with the Song of Songs* <i>Pauline Compton fdnsc</i>
	23 - 29	I hold you, I see you: God enfolding us in Love* <i>Dominic Gleeson msc</i>
	30 - 1	Men's Prayer Weekend

September	18 - 26	Spirituality of the Arts <i>Michelle Vass</i>
	27 - 30	Lifting the Veil - Living in liminal space – <i>Fr John Armstrong</i>
October	4 - 10	Flowing in the Light - Prayer with Mechthilde of Magdeburg* - <i>Michelle Vass</i>
	18 - 20	Abide in my love - Jn 15: 1-17 Prayer Weekend <i>Pauline Compton fdnsc</i>
	25 - 31	I call you Friends* <i>Michelle Vass</i>
November	1 - 3	Women Mystics Women's Prayer Weekend <i>Michelle Vass &amp; Pauline Compton fdnsc</i>
	15 - 18	Mindfulness & Prayer <i>Lou Nulley &amp; Michelle Vass</i>
	22 - 28	Entering the Mystery of Contemplation with Teresa and John* - <i>Michelle Vass &amp; Michael Fallon msc</i>
	29 - 5	Advent Retreat * <i>Retreat Team</i>
Dec	6 - 14	Directed Retreat <i>Retreat Team</i>

### 30 Day Retreat - 29 Dec 2019 to 31 Jan 2020

January	31 - 8	Praying with Jesus - <i>Retreat Team</i>
	10 - 19	Life's Healing Journey <i>Retreat Team</i>
	21 - 29	Directed Retreat <i>Retreat Team</i>