



This retreat will offer reflections on what it means to be a mystic, and how we can learn from them to give ourselves in love. It will draw on both traditional and contemporary examples.

Reflection topics will include:

Who is a mystic?

St Teresa of Jesus

St John of the Cross

Julian of Norwich

St Ignatius of Loyola

Teilhard de Chardin

Adrienne von Speyr

Thomas Merton

Learning from the Mystics Today

Daily Eucharist, sacramental anointing and reconciliation will be available.

Cost 2019: \$920.00 for the 8 day retreat
\$50.00 deposit confirms the booking.

All tariffs are negotiable

Application Forms available from:

The Administrator
St Mary's Towers Retreat Centre
PO Box 19A
Douglas Park 2569
Ph. 02 4630 0233

Email: contact@towersretreat.org.au

Web site:

<http://towersretreat.org.au>



Loving God with the Mystics



***St Mary's Towers
Douglas Park***

Presented by Retreat Team

***8 Day Guided Retreat
1-9 June, 2019***



Who or what is a mystic?

As Megan Don writes, “We are all mystics slowly awakening to the reality of who we really are; that is, we are the children of heaven and earth, of spirit and matter, who are blessed both with heavenly and earthly experiences”.

Other writers attest to this reality of mystical experience:

The mystical is not about visions; it is not seeing another world or an inner world. The mystical is seeing this world in a God-given light.

William Harmless SJ

We can all experience overwhelming moments of belonging and communion. Those are our own mystic moments. The men and women we call mystics differ from the rest of us merely by giving these experiences the place they deserve in everyone’s life. What counts is not the frequency or intensity of mystic experiences, but the influence we allow them to have on our life. By accepting our mystic moments with all they offer and demand, we become the mystics we are meant to be. After all, a mystic is not a special kind of human being, but every human being is a special kind of mystic. *Br David Steindl-Rast*

The mystic is one who lives at the core and center of human existence. To be a Christian mystic is to become fully human, to flourish humanly. God has created the human

person to live in loving union with God.
Prof Keith J Egan PhD

And then we can do no more but behold him, enjoying with a high mighty desire to be all oned into him and entered to his dwelling and enjoy in his loving, and delight in his goodness. *Julian of Norwich*

