

A Special Place of Silence

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing direction.



Retreat Team

Ms Michelle Vass, Director
Sr Pauline Compton fdnsc
Fr Michael Fallon msc
Fr Dominic Gleeson msc
Fr Thang Nguyen msc

*2020 Tariffs **

Cost per day: \$125.00
Prayer weekend:
\$250.00
6 day retreat:
\$750.00
8 day retreat:
\$1000.00
9 day retreat:
\$1125.00
30 day retreat:
\$4125.00
40 day retreat:
\$5000.00
Brown corridor rooms:
\$100.00 per day

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$50 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated.

*Tariffs may be subject to change.

Missionaries of the Sacred Heart
St Mary's Towers Retreat Centre

415 Douglas Park Drive
Douglas Park NSW 2569

Phone: (02) 46300233

Email: contact@towersretreat.org.au

Please see the Website for details

Website: <http://towersretreat.org.au>

*To be on earth
the Heart of God*



ST MARY'S TOWERS
RETREAT CENTRE

PROGRAM

DOUGLAS PARK
AUSTRALIA

2020



30 Day Retreat 29 Dec 2019 to 31 Jan 2020		
January	31 - 8	Praying with Jesus <i>Retreat Team</i>
	10- 19	Life's Healing Journey <i>Retreat Team</i>
	21 - 29	Directed Retreat <i>Retreat Team</i>

FEBRUARY – CLOSED

March	6-12	The Gift of Ageing * <i>Sr Kerin Caldwell SGS</i>
	13-15	Mindfulness and the Presence of God* Prayer Weekend <i>Michelle Vass & Lou Nulley</i>
	20-26	Paul's Letter to the Galatians* <i>Michael Fallon msc</i>
	27-29	<i>Men's Prayer Weekend</i> <i>Dominic Gleeson msc</i>
April	3-5	Palm Sunday* Prayer Weekend <i>Retreat Team</i>
	3-12	Easter Guided Retreat
	9-12	Easter Triduum
	17-25	Matthew's Gospel* <i>Michael Fallon msc</i>
May	1-7	Meeting God in Silence and Solitude* <i>Michelle Vass</i>
	8-14	Song of Songs ... Living the Song <i>Pauline Compton fdnsc</i>
	22-25	Extended Weekend Retreat TBA <i>Paul White</i>
	27-4	Meditation and Contemplation with St John of the Cross <i>Michael Fallon msc, Bhikkhu Analayo & Michelle Vass</i>

2020 PROGRAM

* Indicates Prayer Weekend available

30 day retreats offer the choice of:

- Life's Journey Experience
- The Spiritual Exercises of St Ignatius
- Praying with the Mystics

June	22-25 (Mon-Thurs)	Carer's Retreat: Come to me all you who are weary and overburdened – Mt 11:28 <i>Therese Compton</i>
	26-28	<i>Living in the Sacred Heart of Jesus</i> *Prayer Weekend <i>Thang Nguyen msc</i>

July	10-18	Praying the Psalms with Jesus* – Pt 3 Ps 101 - 150 <i>Michael Fallon msc</i>
	24-26	My Beloved is Mine – Song:2:16* Women's Prayer Weekend <i>Pauline Compton fdnsc</i>

30 Day Retreat 1 August – 3 September 2020		
August	3-11	Peaceful Living -Let the Peace of Christ Rule in your Hearts: Col 3:15 <i>Retreat Team</i>
	13-22	Life's Healing Journey <i>Retreat Team</i>
	24-1	Directed Retreat <i>Retreat Team</i>

September	4-6	Contemplation for the Professional Person *Prayer Weekend <i>Lou Nulley</i>
	23 - 1	Gracious Living: 1 Thess 5:16-18 <i>Michelle Vass</i>
October	2-10	Praying with Julian of Norwich* <i>Pauline Compton fdnsc</i> <i>Michelle Vass</i>
	16-22	Paul's Letter to the Ephesians* <i>Michael Fallon msc</i>
	23-25	Jn 15:1-9 "Live in Me"* Prayer Weekend <i>Pauline Compton fdnsc</i>
November	26-3	Waiting on God <i>Dominic Gleeson msc</i>
	9-17	Spirituality of the Arts <i>Michelle Vass</i>
	20-26	Trinity: Heart of our Desiring* <i>Colleen Rhodes rsm</i>
Dec	27 Nov- 3 Dec	Advent Retreat: Waiting with Mary <i>Retreat Team</i>
	4-12	Directed Retreat <i>Retreat Team</i>
30 Day Retreat - 29 Dec 2020 to 31 Jan 2021		
January	31 - 8	Peaceful Living: Let the Peace of Christ rule in your Hearts: Col 3:15 <i>Retreat Team</i>
	10 - 19	Life's Healing Journey <i>Retreat Team</i>
	21 - 29	Directed Retreat <i>Retreat Team</i>