

Day 5 Peace of the Resurrection
- Peace includes suffering

Day 6 Prayer of Peace
- Fruits of the Spirit

Day 7 Simplicity of Peace
- Keep your eyes on Jesus

Day 8 Peaceful Living
-Be thankful!



Cost: 8 Days \$1160

Weekend \$290

Deposit \$50

For further details and application forms, contact:

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Peaceful Living
Let the peace of Christ
rule in your hearts.

Col 3:15

St Mary's Towers
Douglas Park



Presented by
the Retreat Team

8 Day Retreat 2-10 January 2021
Prayer Weekend 8-10 January 2021

In the third chapter of St Paul's letter to the Colossians, we find some very helpful reminders about how to live a new life in Christ. Each day of our lives, no matter the blessings, no matter the challenges, we are called to find our true life hidden with him in God. This new life will be like putting on a new self, being renewed in knowledge according to the image of our creator. And in that renewal Christ will be all and in all! What peace we will know when we let this renewal happen in our lives.

This retreat invites you to learn again from the practical advice that St Paul gives us through this chapter. Remember that you are God's chosen ones and you are called to put on beautiful garments of compassion, kindness, patience and love. You are called to make space in your hearts for this peace to rule, and for the Word of God to dwell richly. This retreat is a chance to dedicate once again, everything you do, everything you are, in the name of Jesus and be thankful!

Come and experience the Peace of Christ in the beautiful surrounds of St Mary's Towers, in the challenges of the Word in daily Eucharist, and in the joy of relaxing in silence and solitude.



Topics for reflection:

Introduction: Make me a channel of your Peace

- I have told you this, so that you may find peace in me. Jn 16:33

Day 1 Jesus' Peace- My Peace I give you Jn 14:27

Day 2 Jesus' Peace in our Hearts
- A way of living in prayer

Day 3 Guarding the Heart
- what robs us of peace

Day 4 I have not come to bring peace but the sword. Mt 10:34

