

Cost

\$290 for the weekend:

Friday evening to Sunday after lunch

\$435 for "extended weekends" – Fri - Mon

Costs are negotiable with the Director.

Application forms available on our website or from the office.

Missionaries of the Sacred Heart
St Mary's Towers Retreat Centre
415 Douglas Park Drive
Douglas Park NSW 2569

Phone: (02) 4630 0233

Email: contact@towersretreat.org.au

Website: towersretreat.org.au



Retreat Team

Ms Michelle Vass, Director

Sr Pauline Compton fdnsc

Fr Michael Fallon msc

Fr Dominic Gleeson msc

Sr Katrina Zhang rsm

Let Your God Love You

Be silent.

Be still.

Alone.

Empty Before your God

Say nothing.

Ask nothing.

Be silent.

Be still.

Let your God

Look upon you.

That is all.

God knows.

God understands.

God loves you

With an enormous love,

And only wants

To look upon you

With that love.

Quiet.

Still.

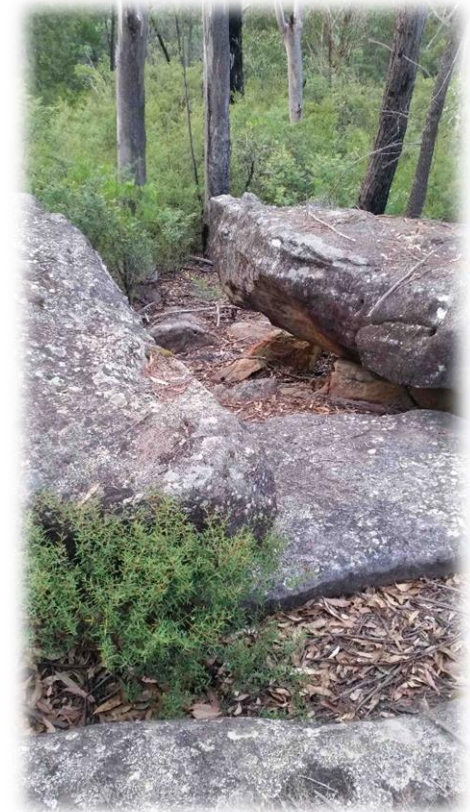
Let your God –

Love you.

Edwina Gately *In God's Womb*

Retreat Weekends

2020



*St Mary's Towers
Douglas Park*

Welcome to your Retreat Weekend

Our manner of living today is generally noisy and busy. From time to time we need to give ourselves the space to enter into the silence and be in the presence of our loving God. You are always welcome to come and visit St Mary's Towers Retreat Centre for a weekend of prayer.

During your stay, all facilities are available for your use and Spiritual Accompaniment with one of our retreat team can be arranged. Retreats start at 5.40pm on the first date and conclude with a 1.45pm Eucharist on the final date.

Following are dates for the remainder of this year for weekend retreats.



at that time.

We have revised the program by rescheduling some of the popular retreats from earlier in the year into this time frame and into the 2021 Program.

In the meantime we hope to provide a variety of reflections for your prayer.

At this stage, we hope to recommence our 2020 Retreat Program in October, depending on the situation

Members of the Team will remain available for spiritual direction by phone or skype etc.



RECOMMENCEMENT OF RETREAT WEEKENDS

OCTOBER

2-4

Praying with Julian of Norwich
Pauline Compton fdnsc

16-18

Paul's Letter to the Ephesians
Michael Fallon msc

NOVEMBER

20-22

Trinity: Heart of our Desiring
Colleen Rhodes rsm