

A Special Place of Silence

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing spiritual accompaniment.



Retreat Team

Ms Michelle Vass, Director
Sr Pauline Compton fdnsc
Fr Michael Fallon msc
Fr Dominic Gleeson msc
Fr Thang Nguyen msc

*2020 Tariffs **

Cost per day: \$125.00
Prayer weekend:
\$250.00
6 day retreat:
\$750.00
8 day retreat:
\$1000.00
9 day retreat:
\$1125.00
30 day retreat:
\$4125.00
40 day retreat:
\$5000.00
Brown corridor rooms:
\$100.00 per day

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$50 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated.

*Tariffs may be subject to change.

Missionaries of the Sacred Heart
St Mary's Towers Retreat Centre

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Douglas Park NSW 2569

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Email: contact@towersretreat.org.au

Please see the Website for details

Website: <http://towersretreat.org.au>

*To be on earth
the Heart of God*



ST MARY'S TOWERS
RETREAT CENTRE

PROGRAM

DOUGLAS PARK
AUSTRALIA

2020



30 Day Retreat 29 Dec 2019 to 31 Jan 2020		
January	31 - 8	Praying with Jesus <i>Retreat Team</i>
	10- 19	Life's Healing Journey <i>Retreat Team</i>
	21 - 29	Directed Retreat <i>Retreat Team</i>

FEBRUARY – CLOSED

March	6-12	The Gift of Ageing * <i>Sr Kerin Caldwell SGS</i>
	13-15	Mindfulness and the Presence of God* Prayer Weekend <i>Michelle Vass & Lou Nulley</i>
	20-26	Paul's Letter to the Galatians* <i>Michael Fallon msc</i>
	27-29	Men's Prayer Weekend <i>Dominic Gleeson msc</i>
April	3-5	Palm Sunday* Prayer Weekend <i>Retreat Team</i>
	3-12	Easter Guided Retreat
	9-12	Easter Triduum
	17-25	Matthew's Gospel* <i>Michael Fallon msc</i>
May	1-7	Meeting God in Silence and Solitude* <i>Michelle Vass</i>
	8-14	Song of Songs ... Living the Song <i>Pauline Compton fdnsc</i>
	22-25 Fri-Mon	Dawning Dispelling Darkness <i>Paul White</i>
	29-4	The Art of Film <i>Dominic Gleeson msc</i>

2020 PROGRAM

* Indicates Prayer Weekend available

30 day retreats offer the choice of:

- Life's Journey Experience
- The Spiritual Exercises of St Ignatius
- Praying with the Mystics

June	16-24	John's Gospel <i>Michael Fallon msc</i>
	26-28	Living in the Sacred Heart of Jesus * <i>Thang Nguyen msc</i>
	29-2	Carer's Retreat: Come to me all you who are weary and overburdened – Mt 11:28 <i>Therese Compton</i>
July	3-5	Contemplation for the Professional Person *Prayer Weekend <i>Lou Nulley</i>
	10-18	Praying the Psalms with Jesus* – Ps 101 - 150 <i>Michael Fallon msc</i>
	24-26	My Beloved is Mine – Song:2:16* Women's Prayer Weekend <i>Pauline Compton fdnsc</i>

30 Day Retreat 2 August – 4 September 2020		
August	4-12	Peaceful Living -Let the Peace of Christ Rule in your Hearts: Col 3:15 <i>Retreat Team</i>
	14-23	Life's Healing Journey <i>Team</i>
	25-2	Directed Retreat <i>Retreat Team</i>

September	22 -30	Gracious Living: 1 Thess 5:16-18 <i>Michelle Vass</i>
October	2-10	Praying with Julian of Norwich* <i>Pauline Compton fdnsc</i> <i>Michelle Vass</i>
	16-22	Paul's Letter to the Ephesians* <i>Michael Fallon msc</i>
	26-3 Nov	Waiting on God <i>Dominic Gleeson msc</i>
November	9-17	Spirituality of the Arts <i>Michelle Vass</i>
	20-26	Trinity: Heart of our Desiring* Colleen Rhodes rsm
	27-29	Jn 15:1-9 "Live in Me"* Prayer Weekend <i>Pauline Compton fdnsc</i>
Dec	1-7	Advent Retreat: Waiting with Mary <i>Retreat Team</i>
	9-17	Directed Retreat <i>Retreat Team</i>
30 Day Retreat - 31 Dec 2020 to 2 Feb 2021		
January	2-10	Peaceful Living: Let the Peace of Christ rule in your Hearts: Col 3:15 <i>Retreat Team</i>
	12-21	Life's Healing Journey <i>Retreat Team</i>
	23-31	Directed Retreat <i>Retreat Team</i>