

A Special Place of Silence

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing direction.

Retreat Team

Ms Michelle Vass, Director

Sr Pauline Compton fdnsc

Fr Dominic Gleeson msc

Sr Katrina Zhang rsm



*2021 Tariffs **

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|-----------------------------|------------------|
| Cost per day: | \$145.00 |
| Prayer weekend: | \$290.00 |
| 6 day retreat: | \$870.00 |
| 8 day retreat: | \$1160.00 |
| 9 day retreat: | \$1305.00 |
| 30 day retreat: (33 nights) | \$4785.00 |
| Brown corridor rooms: | \$120.00 per day |

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$50 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated.

*Tariffs may be subject to change.

Missionaries of the Sacred Heart
St Mary's Towers Retreat Centre
415 Douglas Park Drive
Douglas Park NSW 2569
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Email: contact@towersretreat.org.au
Please see the Website for details
Website: <https://towersretreat.org.au>

*To be on earth
the Heart of God*




**ST MARY'S TOWERS
RETREAT CENTRE**

**DOUGLAS PARK
AUSTRALIA**

PROGRAM

2021

 *A Ministry of the
Missionaries of the
Sacred Heart*

2021 PROGRAM

* Indicates Prayer Weekend available

30 day retreats offer the choice of:

- Life's Journey Experience
- The Spiritual Exercises of St Ignatius
- Praying with the Mystics

| 30 Day Retreat 31 Dec 2020 to 2 Feb 2021 | | |
|---|-------|--|
| January | 2-10 | Peaceful Living: Let the Peace of Christ rule in your Hearts <i>Col 3:15 Retreat Team</i> |
| | 12-21 | Life's Healing Journey <i>Retreat Team</i> |
| | 23-31 | Directed Retreat <i>Retreat Team</i> |

FEBRUARY – CLOSED

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|-------|------------------|---|
| March | 5-13 | Directed Retreat* |
| | 18-21 Fri-Sun | In the Light of the Beholder – Extended Weekend <i>Dominic Gleeson MSC</i> |
| | 26-28 | Palm Sunday* Prayer Weekend <i>Retreat Team</i> |
| | 26 - 4 Apr | Easter Guided Retreat |
| Apr | 1-4 | Easter Triduum |
| | 23-29 | Become Like Water* Fr John Armstrong |
| | 30 – 6 May | Welcome to the Inner Room* <i>Michelle Vass & Lou Nulley</i> |
| May | 21-23 | Men's Prayer Weekend* Dawning Dispelling Darkness <i>Paul White</i> |

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| June | 4-12 | Mark's Gospel* <i>Retreat Team</i> |
| | 15-21 | Tending the Flame of Love <i>Michelle Vass</i> |
| | 25 – 1 July | Who are you God? Who am I? Meeting God in Silence and Solitude* <i>Michelle Vass</i> |

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|------|-------|---|
| July | 2-8 | Surprised by Love* <i>Dominic Gleeson msc</i> |
| | 16-22 | Living more deeply in God – Praying with Ignatius of Loyola* <i>Retreat Team</i> |
| | 23-25 | Prayer Weekend – Winter's Wisdom: The Season of Contemplation* <i>Jenny Scally RSJ</i> |

| 30 Day Retreat 2 August – 4 September 2021 | | |
|---|-------|---|
| August | 4-12 | Praying with Jesus <i>Retreat Team</i> |
| | 14-23 | Life's Healing Journey <i>Retreat Team</i> |
| | 25-2 | Directed Retreat <i>Retreat Team</i> |

| September | 24-30 | Circle me O God! <i>Jenny Sheehan FDNSC</i> <i>Pauline Compton FDNSC</i> <i>Michelle Vass</i> |
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| October | 1-4 Long Weekend | A Simple Prayer Weekend <i>Retreat Team</i> |
| | 8-10 | Women's Prayer Weekend: The Hidden Wisdom of Women in the Gospels* <i>Jenny Scally RSJ</i> |
| November | 20-28 | Directed Retreat <i>Retreat Team</i> |
| | 12-18 | Carmelite Spirituality* <i>Fr Aloysius Rego OCD</i> |
| December | 19-27 | Living a Grateful Life* <i>Michelle Vass</i> |
| | 3-9 | Advent Retreat: Be filled with Grace like Mary* <i>Retreat Team</i> |
| December | 10-16 | Directed Retreat <i>Retreat Team</i> |
| | 30 Day Retreat - 31 Dec 2021 to 3 Feb 2022 | |
| January | 3-11 | Resting in the Heart of Creation with Jesus <i>Retreat Team</i> |
| | 13-22 | Life's Healing Journey <i>Retreat Team</i> |
| | 24- 1 Feb | Directed Retreat <i>Retreat Team</i> |